

The psychological toll of coronavirus coverage | Columbia Journalism Review

By Lauren Harris

March 19, 2020

We already had information overload. Then came a global pandemic.

Coronavirus is an “everything story,” as Jon Allsop noted in Monday’s CJR newsletter: [“unfathomably huge stories—that are all part of one, even more unfathomably huge story”](#).

If the shuttered restaurants and roommates making a mess of your kitchen-table workspace aren’t reminder enough that COVID-19 has changed daily life, the [news articles about the shuttered restaurants](#) and myriad Twitter threads about other peoples’ roommates making a mess of their kitchen-table workspaces will intensify your awareness.

[...]

Source: [The psychological toll of coronavirus coverage | Columbia Journalism Review](#)