

# TechTank: How Companies Surveil Workers and Ways Employees Can Protect Themselves | Lawfare

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Today, under the coronavirus quarantines and lockdowns, most of us are working from home. This transition to a virtual world has blurred the lines between professional and personal life ... in more ways than one.

We've all heard some of the scarier versions of Big Brother. Companies installing technology in their employees' chairs, that tracks how long they spend at their desks each day. Required employee tracking bracelets, which record how many minutes you spend on your lunch break.

Though the pandemic has isolated us in so many ways, that doesn't mean we're entirely alone. In fact, some of us are being watched like never before.

[...]

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