

# Maybe just shut up about national politics if you want to reduce polarization? | Nieman Journalism Lab

By Joshua Benton

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It's Thanksgiving 2021, and thanks to the magic of vaccines, you're celebrating it back in your hometown with your family. What a wonderful occasion — threatened only by the annual potential for you and Uncle Theo to get into fights about gun control, abortion, Donald Trump, "illegals," and (in odd years) pedophile cannibals and the true meaning of "pizza."

Your family is polarized about some big issues. How should you deal with it over turkey and stuffing?

[...]

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