Social media has been a connector of people near and far, but it has also fueled political conflict, threatened democratic processes, contributed to the spread of public health misinformation, and likely damaged the mental health of some teenagers. Given what’s come to light about these platforms over the last several years, it is increasingly clear that current guardrails—both government regulations and the companies’ internal policies—aren’t sufficient to address the issues plaguing the information environment. But for democracies and their citizens to thrive, a healthy virtual ecosystem is necessary.

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