

# COVID-19 misinformation spreads in yoga community, experts say | Good Morning America

By Sandra Temko

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Yoga is practiced by tens of millions of people in the United States, but some practitioners are sounding the alarm about what they say is a dangerous spread of anti-science views, [including around COVID-19](#).

Laura Rose Schwartz said she grew so disturbed by what she saw and heard that she left the yoga studio she opened in Virginia.

When she subsequently moved to California, Rose Schwartz said she ran into the same concerns there, too.

“With the pandemic, pretty immediately, I saw a lot of conspiracy theories floating around on social media among yoga and wellness practitioners, misconceptions about the vaccines,” she told “[Good Morning America](#).” “It seems that anti-vax sentiment is very widespread within the yoga world.”

[...]

Source: [COVID-19 misinformation spreads in yoga community, experts say | Good Morning America](#)