The past two election cycles have seen an explosion of attention given to “echo chambers,” or communities where a narrow set of views makes people less likely to challenge their own opinions. Much of this concern has focused on the rise of social media, which has radically transformed the information ecosystem.

However, when scientists investigated social media echo chambers, they found surprisingly little evidence of them on a large scale — or at least none on a scale large enough to warrant the growing concerns. And yet, selective exposure to news does increase polarization. This suggested that these studies missed part of the picture of Americans’ news consumption patterns. Crucially, they did not factor in a major component of the average American’s experience of news: television.

[...]

Source: Cable news has a much bigger effect on America’s polarization than social media, study finds | Nieman Journalism Lab